Dr. Emil Vodder Training
Therapy 1 and Clinical Wellness Certification

INSTRUCTOR:
Anne Bramham, LMT
A consultant, program designer and a teacher of spa therapies, Anne Bramham has played an instrumental role in introducing MLD to both the US medical and spa wellness industries. The founder of ASTECC (www.astecc.com) and an instructor for the Dr. Vodder School of North America, Anne opened one of the first hospital based MLD Lymphedema clinics in the US at Boca Raton Community Hospital in 1995. Recognizing the range and therapeutic versatility of MLD to address a wide range of common disorders, Anne later wrote and developed the Dr. Vodder Clinical Wellness curriculum. With a focus on rejuvenation, cosmetic rehabilitation, joint mobilization and pain management, Dr. Vodder’s Clinical Wellness training bridges the gap between the worlds of medical and wellness and has been adopted by numerous resort properties throughout the US including the California based World Spa Award winning Fairmont Grand del Mar and Montage Resorts.

Special Notes: Minimum of 10 attendees, Maximum of 16. May be required to bring your own table. Bring your own lunch. Dr. Vodder Basic Body is a prerequisite for attending this event.

**Classes are normally offered separately over 4 and 7 days respectively. By combining Therapy 1 and Clinical Wellness, we’re able to cut education to 7 days for both and save students over $1,200.**

DESCRIPTION
Dr. Vodder’s MLD is indicated for over 60 different pathologies including: Chronic Fatigue, Fibromyalgia, Cellulite, Chronic ENT Infections, Burns, Acne, Scars, Constipation, Bells Palsy, Eczema, Psoriasis and Inflammatory Processes.

THERAPY 1
Introducing therapeutic applications including special techniques for the joints, head (including intra-oral) and abdomen, the training reviews Basic sequences and fine tunes technique. Advanced theory and current research is discussed. An oral, written and practical exam is given to test the student’s competence in Basic techniques and theory.

Clinical Wellness Certification
Focusing on the specific use of MLD in both leisure and medical wellness settings, this six day program concentrates on treatment protocols for pre and post cosmetic surgery, dermatological indications, cellulite, fluid retention, trauma, sport injuries and lifestyle disorders. Prerequisite: Basic Body.

Cost: CSFA Member $945 • Register at shopCSFA.com